

Eggy Rice

All
Species

You Will Need:

- 1 Cup Brown Rice
- 2 Cups water
- 2 Eggs
- Any favourite seeds / treats

Tools Required:
MICROWAVE, COOKING UTENSILS

Time Required: 15 Minutes



Place one cup of rice and two cups of water in a microwaveable bowl. Microwave on high for five minutes, stir and microwave for a further five minutes, by which time the water should be fully absorbed. Beat two eggs (including shell) and add to the cooked rice. Microwave for a further two minutes on high, stir and microwave for a further two minutes. Ensure the egg is fully cooked. Allow to cool.

Add your choice of favourite seeds, chopped fruits etc. and feed.

Note: Why not feed warm as many birds love this.